

Ball High School

BALL HIGH SCHOOL VOLLEYBALL CAMP

FOR: INCOMING 9TH GRADERS ONLY

DATES: JULY 27-31 2009

TIME: 9AM-12PM

COST: \$10.00 (INCLUDES T-SHIRT) CASH ONLY



New beginnings and new traditions start with you!




Organization

Ball High School

Athletic Department
4115 Ave O
Galveston, TX 77550

Phone 409-766-5883
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Email:
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IF YOU JUST GRADUATED FROM MIDDLE SCHOOL AND PLAN TO TRY OUT FOR THE BALL HIGH VOLLEYBALL TEAM IN AUGUST, YOU NEED TO ATTEND THIS CAMP.

AT THIS CAMP YOU WILL LEARN YOUR BASIC SKILLS LIKE HITTING APPROACHES, SERVING TECHNIQUES, ADVANCED ROTATIONS, TRANSITIONING WORK, QUALITY PASSING, TEAM COMPETIVENESS AND WILL ENCOUNTER SEVERAL DRILLS THAT WILL MAKE YOU A BETTER VOLLEYBALL PLAYER.

THIS CAMP IS ONE WAY YOU CAN GET AHEAD OF YOUR TEAMMATES WHO ARE IN COMPETITION WITH YOU TO MAKE THE TEAM. IN THIS CAMP YOU WILL ALSO EXPERIENCE THE IMPORTANCE OF ENHANCING YOUR PERFORMANCE BY UTILIZING OUR NEW WEIGHT ROOM.

NEW BEGINNINGS AND NEW TRADITIONS START WITH YOU! YOU DECIDED TO MAKE THE DIFFERENCE AND LEAD US TO SUCCESS.

**DEADLINE TO SIGN UP: JULY 13TH
AT BALL HIGH SCHOOL ATHLETIC OFFICE.
FOR MORE INFORMATION CALL 1-409-766-5883 OR EMAIL:
LAURA_CASTILLO@GISD.ORG**